

# Leading Others

**HOW TO BE A BETTER LEADER AND  
HELP YOUR TEAM THRIVE**

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**A 10-WEEK WORKSHOP  
PROGRAM**

**TOTAL HRM**

1800 868 254

[www.totalhrm.com.au](http://www.totalhrm.com.au)





## Module 1 & 2

# HR 101 & Adaptive Leadership

Participants develop a foundation in effective people management, including assigning work appropriately and understanding key HR requirements to support confident, compliant leadership.

Using a DiSC assessment, participants gain insight into their leadership and communication style and learn how to adapt their approach to different personalities.

This module introduces Adaptive Leadership and Cultural Intelligence (CQ), exploring how cultural factors influence behaviour and expectations at work, and how leaders can adapt their approach to lead fairly and effectively across difference.

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## Module 3 & 4

# Managing People Effectively & Emotional Intelligence

Understand how to manage people effectively, including assigning work to ensure your team gets the right things done at the right time. Emotional intelligence is THE crucial skill to develop to be effective at work and as a leader.



## Module 5 & 6

# Tough Conversations & Building High-Performing Teams

Participants learn how to approach tough conversations constructively, rather than avoiding them, and develop strategies to build trust, resilience and wellbeing within their teams.

Cultural Intelligence (CQ) is applied as a practical lens for navigating difficult conversations and managing conflict. Leaders learn how differences in communication styles, values and expectations can contribute to misunderstanding, and how to respond with clarity while maintaining psychological safety.

The focus is on strengthening team cohesion and building high-performing teams across diverse working styles and perspectives.

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## Module 7 & 8

# Recruit & Retain the Right Talent & Presenting with Confidence

What is your Employee Value Proposition? Boost the quality and type of talent you attract and retain while running best practice recruitment. Overcome your fear of presenting in public, build your confidence, and understand the best practices for engaging an audience.



## Module 9 & 10

# Development Plans & Graduation

Create a plan for your growth and development to take you forward. We stop, reflect and celebrate all that you have learnt and how your skills have grown over the program.

# Interested?

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If you are interested in registering for our Leading Others 10-week workshop or any of our other training programs, please get in touch with us.

We offer a range of world-class training and assessment programs that will grow your people.

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## Contact Us:



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